



December



Mon	Tue	Wed	Thu	Fri
3 * PICKLE BALL TOURNAMENT* 8:30am-1pm 10am Beginner Canasta 12:30pm Mahjong  GYM CLASSES ARE CANCELLED	4 7:50am Early Bird Strength Training 9am Strength Training @ Rec & Firehouse Advanced Strength Training 10:15am Intermediate Cardio Adv Cardio @ Firehouse <i>10:30am Senior Advisory Committee Meeting</i> 11:30am Gentle Fitness 1pm Pickle Ball IV/ 	5 9am Line Dancing 9am What Is Your Opinion? 9:30am Crochet Class 10:15am Serenity Tai Chi 11am Ping Pong 11:30am Zumba Gold 1pm Create Your Masterpiece 1pm Pickle Ball II 	6 7:50am Early Bird Strength Training 9am Strength Training @ Rec & Firehouse Advanced Strength Training 10:15am Intermediate Cardio Adv Cardio @ Firehouse 11:30am Ballroom Dancing 12pm Dabbling in the Arts @ MSC	7 9am GLUCOSE SCREENING 9am Balance & Stretch Class 10am Intermediate Canasta 11am Shopping @ Walmart & Sam's 11:30am Yoga II 1pm Pickle Ball III 
10 9am Yoga I 10am Beginner Canasta 10:15am Total Body Workout 11am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1pm Pickle Ball I 	11 7:50am Early Bird Strength Training 9am Strength Training @ Rec & Firehouse Advanced Strength Training 10:15am Intermediate Cardio Adv Cardio @ Firehouse 11:30am Gentle Fitness 1pm Pickle Ball IV <i>ANNUAL CANDLELIGHT VIGIL, 6pm , MHS</i>	12  FOR JANUARY-JUNE BROCHURE <i>starts 8:30am</i> NO CLASSES	13 7:50am Early Bird Strength Training 9am Strength Training @ Rec & Firehouse Advanced Strength Training 10:15am Intermediate Cardio Adv Cardio @ Firehouse 11:30am Ballroom Dancing 12pm Dabbling in the Arts @ MSC	14  11:30am-3pm "OUR HOUSE" Farmingdale, NJ NO CLASSES/NO SHOPPING
17 9am Yoga I 10am Beginner Canasta 10:15am Total Body Workout 11am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1pm Pickle Ball I 	18 7:50am Early Bird Strength Training 9am Strength Training @ Rec & Firehouse Advanced Strength Training 10:15am Intermediate Cardio Adv Cardio @ Firehouse 11:30am Gentle Fitness 1pm Pickle Ball IV	19 9am Line Dancing 9:30am Crochet Class 10:15am Serenity Tai Chi 11am Ping Pong 11:30am Zumba Gold 1pm Create Your Masterpiece 1pm Pickle Ball II 	20 NO CLASSES OFFICES OPEN	21 NO CLASSES OFFICES OPEN NO SHOPPING
24 NO CLASSES OFFICES OPEN	25  OFFICES CLOSED	26 NO CLASSES OFFICES OPEN	27 NO CLASSES OFFICES OPEN	28 NO CLASSES OFFICES OPEN NO SHOPPING
31 NO CLASSES OFFICES OPEN <i>New Year's Eve</i>		<u>Marlboro Recreation Center</u> <u>An Active Adult Senior Program</u> OFFICE# 732.617.0367 TRANSPORTATION# 732.617.0366	<u>SENIOR OFFICE EMAILS</u> Denise: dbarry@marlboro-nj.gov Linda: ldugan@marlboro-nj.gov Rosemary: rpascale@marlboro-nj.gov https://register.communitypass.net/marlboro www.marlboro-nj.gov/signup	